The 44th Haworth Hobble - 8th March 2025



Haworth Hobble Race Brief - 8th March 2025

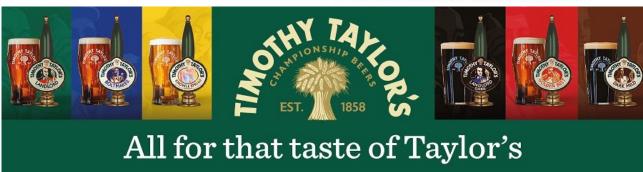
FOREWORD

- 1. Pre-Event Competitor Changes/Withdrawals
- 2. Car Parking, Car Sharing and Toilets
- 3. Registration including Trackers, Kit Requirements, Kit Check and Bag Drop
- 4. Mass Start Information and Early Starts
- 5. Feedstation Information and Race Cut Offs
- 6. Maps, Navigation, Course Information and Race Rules
- 7. On Course Safety, Medical Information and Race Withdrawals
- 8. Race Finish Including Food, Presentations and Tracker Collection
- 9. T-Shirts (Advance Sales and On The Day purchases)
- 10. Recycling, Rubbish Disposal and The Run, Reuse, Recycle Project
- 11. Keeping The School Clean and Safety Pins
- 12. Race Photos and Race Video
- 13. Mountain Rescue Competitors
- 14. Post Race Drinks and Supporting Our Local Economy (UK City of Culture)
- 15. Hobble Facts and Figures
- 16. Queries & Feedback

THANKS TO OUR RACE SPONSORS, TIMOTHY TAYLOR'S.



PROUD PARTNER SPONSOR



Foreword

Whether one of many regulars or a new face, welcome to Haworth. It's a lovely Yorkshire village with so much history associated with the Bronte family.

Our race is beginning to feel like more of an event these days and we hope you enjoy it - it's wholly volunteer run with all proceeds going to great local charities and good causes. If we get things wrong then please let us know as we want to provide you with the sort of day out that we would love to experience ourselves as most of us are runners.

Don't forget that no more 'dibbing' and you will all have trackers and can share them to family/ friends - https://live.opentracking.co.uk/hobble25/.

I cannot thank our team of volunteers enough and please give them a shout. You will see many of our Juniors who have become a feature of the race in recent years along with so many wonderful club members of Keighley & Craven AC. However, this year, it's notable how many volunteers we have from further afield and that just says it all to me about the ultra running community - behind the scenes, it's almost like a big Spine Race reunion as many of the volunteers are involved in that race. That now seems appropriate as we are so grateful for Jasmin Paris in giving up her time to give a presentation after the race on some of her incredible achievements which in particular I am hoping will inspire some of our Juniors to carry on in our wonderful friendly sport.

I must say 'thank you' as well to our race sponsors Timothy Taylor's who will be involved on their first Hobble. In particular, the Fleece Inn, Haworth is very much our chosen venue for post race celebrations so please visit Trudy and her team. I must thank another pub as well as you will visit Cross Inn, Heptonstall as it is Feedstation 5. They are incredibly supportive of race and it's a fantastic pub. Also, a 'thank you' to the team serving the pizza and drinks from the local Methodist Church who pull long shifts in ensuring you are fed and watered.

The whole team looks forward to seeing you on the day and have an enjoyable race,

Gary Chapman, Race Director

AND DON'T FORGET SSHHHH.....BE QUIET

Please help us by preventing any complaints from local residents or tourists in hotels. Whilst the Fleece Inn will have competitors only staying, all around where you gather for race start will be occupied. Please try to be as respectful as possible to local community and visitors due to our early start.

1. Pre-Event Competitor Changes And Withdrawals

The only changes acceptable now are as below and we don't need to know in advance of race day please visit the 'pairs' desk at registration.

- a) If one half of a pair cannot attend for any reason, we will swap you to a 'solo' entry.
- b) If a pair is so mismatched, you wish to swap to two solo entries (although we really would prefer you stick as pair at this late stage to avoid hassle at registration).

IF YOU ARE UNABLE TO ATTEND THE RACE THEN THERE IS NO REQUIREMENT TO LET US KNOW. WE PLAN FOR 25% TO 28% OF YOU NOT TURNING UP BASED ON PREVIOUS RACE STATS. IF YOU ALL TURN UP THEN WE HAVE A PROBLEM SO IN THE NICEST POSSIBLE SENSE, WE HOPE 25% OF YOU ARE NOT ATTENDING!

2. Car Parking, Car Sharing and Toilets

PLEASE DO NOT USE THE SMALL SCHOOL CAR PARK AT RACE HQ UNDER ANY CIRCUMSTANCES. THIS IS STRICTLY EVENT TEAM ONLY AND WE ARE STRUGGLING FOR ENOUGH SPACE AS IT IS - YOU WILL BE MADE TO RUN A 2ND LAP IF FOUND.



a) Car Parking (see map below)

The event car parks will be open from 5.45am.

We have the use of Haworth Primary School All Weather Pitch again and an overflow facility at Haworth Community Centre. The car park is off Acre Lane, Haworth, BD22 8QX. You need to turn onto Butt Lane from either direction then take Acre Lane next to Parkside Social Club. There will be car park signs and marshals to help. Click here for exact location of car park.

There is a direct walking route from car park into back of school so it is only about 150 metres to registration at closest point.

There will be a £5 charge for the car park. It will cost you similar if you park elsewhere in Haworth. There is little free parking near school as it is tourist village. Yes, we know there are a few places to

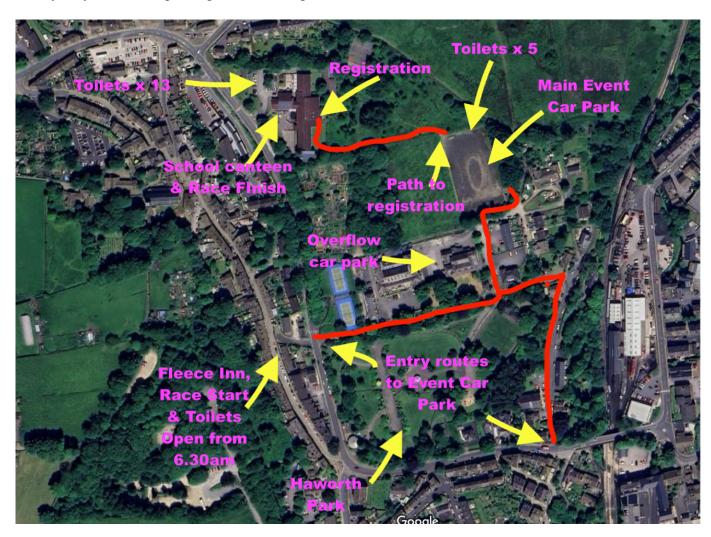
park for free but this upsets residents. Please avoid parking on Acre Lane immediately before you get to all weather pitch event parking - only use if both car parks are full.

100% of proceeds from car parking go to Haworth Primary School where Head Teacher uses it for special treats for kids. From the Haworth Hobble and Yorkshireman events, we have paid for whole school to go to the pantomime on 4 separate occasions as well as other treats.

If you choose to leave your car here overnight as you retire to pub, that's fine but please move car by midday on Sunday as we will lock it then.

The car park is about 4 minutes walk from race start.

Please don't take chances with Haworth car parking if you go elsewhere and do not have enough money on your ticket - parking fines are a regular hazard here.



b) Car Sharing

We are doing our best to make the event more sustainable and address areas where we can improve. Please try to car share wherever possible to both do our bit to reduce carbon footprint and to ensure enough space for others.

As an incentive to those cars with 4 or more competitors in who use the event car park, please register your car/names at race registration and we will conduct a ballot and offer 4 free places for the 2026 Haworth Hobble.

c) Toilets

There will be 18 Portaloos at the event of which 11 for male use only and 7 for female use only (that's based on number of entrants with proportionately more female toilets).

In the main event car park, there will be 5 portaloos (3 male/2 female) and at the front of the school in the event team car park there will be 13 portaloos (8 male/5 female).

In addition, the Fleece Inn toilets (race start) will be open to all competitors from 6.30am to 8am. This can get very busy after 7.30am so we would advise using school portaloos if possible. The only exception is early starters who plan to start 7am to 7.15am - the Fleece Inn toilets may be quicker.

Both sets of portaloos are about 3 to 4 minutes walk to race start.

3. Registration including Trackers, Kit Requirements, Kit Check and Bag Drop

a) Registration

This has now moved to Main School Hall at rear of building. It will be well signposted. It is even closer to main event car park and just 150 metres at closest point.

Registration is open from **5.50am** and until **6.20am**, it is only for early starters. After **6.20am** it is for everybody.

Things have changed this year as we will operate a one way system to keep things moving - once you enter the one way system, please keep moving forward. If you see that long lost running buddy then now is not the time to chat to them as you will clog up our attempt at registering 700 or so people in 90 minutes. Meet them at the main tea/coffee/congregation area.

We use a lot of registration staff and 5 separate desks split alphabetically for individuals as well as a pairs desk - any queues clear quickly. It can get busy - turn up early then go to main school canteen for free refreshments. The main toilets near there as well.

We have highest race number this year since 1993. We want to start the race at 8am exactly so please turn up early for registration and toilet use.

If you have a nightmare journey and turn up late, don't panic, chill out and we will start you on timing system when you are ready......don't let it ruin your day.

PLEASE READ CAREFULLY AS 3 STEP REGISTRATION PROCESS:

- a) Step 1 Kit Check You must bring your mandatory kit to registration. Approx 50% of you will undergo a random kit check. This is based on surnames and 50% will go straight to Step 2. Those selected will not be issued race number/ tracker until mandatory kit complied with. No kit, no race. You will not be aware who is being kit checked until you arrive at registration.
- **b) Step 2 Race Number Issue** There will be 4 registration desks for individuals based on surnames alphabetically and one registration desk for pairs. You will be given your race number. This has your first name/nickname on front and on back there is area for medical info, contacts and race emergency numbers if you are withdrawing, reporting incidents or need pick up.



c) Step 3 -Open Tracking Trackers - This is new for 2025 and all competitors (one tracker for each pair) will be issued with a tracker. You may have done previous events where they have been attached by tape to shoulder of your race pack. This is due to length of races and battery usage (it involves less battery power if the tracker does not have to search as hard for signal).

For pairs, if you start race together then you must stay together with one tracker unless one pulls out midway (must formally withdraw with race officials) as we will allow remaining

member to continue with the tracker.

However, for this event, you can choose where to place the tracker and we would suggest:

- You can tape to shoulder of race pack and there will be tape available and people there to help.
- You can simply place inside race vest/backpack/bum bag. The unit works harder to find a signal hence it goes through battery quicker but this is fine for event of this length. HOWEVER,
 PLEASE PUT AT HIGHEST POINT WITH TRACKER FACING UPWARDS TO GUARANTEE SIGNAL AND UNDER NO CIRCUMSTANCES SHOULD YOU HAVE IT WRAPPED OR COVERED BY A FOIL BLANKET OR SIMILAR.

b) Kit Requirements and Kit Check

This race is licensed by the FRA and their rules apply.

You must carry FRA mandatory kit as follows: Waterproof whole body cover with taped seams and attached hood, hat, gloves, map, compass, whistle and emergency food (a few gels sufficient or energy bar due to number of feed stations). IN ADDITION, THE FOLLOWING ARE ALSO COMPULSORY FOR THIS EVENT;

- water carrying capacity of minimum 500ml (your choice if you have water in it at start)
- foil blanket or emergency bivvy bag (ensure they do not cover the tracker that you will be issued)
- additional long sleeved base layer which must not be worn at start of race (if you have incident a warm dry top can make a big difference)

NOT COMPULSORY - If you want tea, coffee, soup or cola then it would be really helpful if you took your own mug. We have a limited supply of recyclable cups for tea/coffee/soup but would rather not use them.

Irrespective of the above, you should always consider if more than the minimum is best for you even with a positive weather forecast. It does no harm to review the following documents regularly as we find them very useful. FRA Requirements For Runners and the FRA Hypothermia Guidance.

If you haven't seen the Mountaineering Scotland video on the effects of cold on trail runners then this is a 'must watch' especially for less experienced runners - Click here for video.

c) Bag Drop

This is now moved to the Main School Hall where registration will take place.

There will be an area for you to leave bags but be aware that there is no formal labelling system and we take zero responsibility for any items lost as we cannot guarantee that this area will be monitored all day. This area is only about 150 metres from main event car park at closest point so if you have anything valuable then lock it in your car.

Please do not leave items in school canteen. Please be aware that for competitors finishing after 4.30pm, we may move your bags to main canteen so that we can clean up and close down Main School Hall.

4. Mass Start Information & Early Starts

a) Mass Start - 8am

The mass start is 8am outside Fleece Inn, Haworth.



PLEASE KEEP THE NOISE DOWN.

b) Early Starts

You may start between 6.30am to 7.15am from the Fleece Inn where we will have official starter.

The official starter will scan your race number so you have officially recorded time. **DO NOT TRY ORIGAMI WITH YOUR RACE NUMBER - WE NEED EASY ACCESS TO BARCODE.**

We encourage all walkers and very slow runners only to take up this option as it reduces significantly the time that volunteers have to be out waiting on course. It also removes 'cut off' pressure from you later on.

However, checkpoint 1 at 7.6 miles will not open until 8.15am and checkpoint 2 at 13.4 miles will not open until 9.30am. You cannot pass checkpoint 1 and 2 until these times or you will be disqualified. This is simply to stop some sneaky faster runners (you know who you are from past years!) from starting early and getting ahead of our course management.

This is not an option for anybody other than slower competitors. We expect in region of 140 people to start early based on past years.

Early starters please be aware of faster runners approaching and ensure you give them space and the best racing line especially if on narrow sections. Hopefully, you will all give each other a big cheer. Faster runners - don't be afraid to shout out 'fast runner on left/right' or even 'get out of my bloody way......please' as better to warn slower runners of your approach.

The last early starter is strictly 7.15am from Fleece Inn as this ensures the narrow sections are all cleared prior to mass start leaders catching up.

We do not need to know in advance that you are starting early - register from 5.50am onwards, get your tracker and the race starter will be at Fleece Inn in high viz orange jacket ready to start you on the clock when ready.

5. Feedstation Information & Race Cut Offs

The photo below shows all feedstation locations, distances and cut offs. This information is also on the official race map.

Table 1

	Location	Distance	Distance to next checkpoint	Checkpoint closure and cut off time	Grid Reference
Checkpoint 1	Widdop	7.6 miles	5.8 miles to CP2	Open 8.15am (for early starters and you cannot pass until checked in). Closes 10.15am	SD936328
Checkpoint 2	Long Causeway	13.4 miles	4.4 miles to CP3	Midday	SD894288
Checkpoint 3	Todmorden Golf Club	17.8 miles	1.6 miles to CP4	1.15pm	SD943249
Checkpoint 4	YHA Mankinholes	19.4 miles	4.5 miles to CP5	1.45pm	SD959235
Checkpoint 5	Cross Inn, Heptonstall	23.9 miles	3.6 miles to CP6	3.15pm	SD987281
Checkpoint 6	Thurrish Farm Entrance	27.5 miles	4.2 miles to finish	4.15pm	SD998329

a) Feedstation Food/Drink

There will be water, flat cola, squash at every feed station to drink.

There will be jelly babies, jaffa cakes, chocolate bars and fruit (bananas/oranges/melon) at every feed station. There will also be gluten free jaffa cakes (please ask volunteers).

In addition, there will be at:

Feedstation 2 - Salted baby new potatoes

Feedstation 3 - Hot dogs with onions and selection of mustards, cake, coffee, tea and soup (hot dog/soup will have vegan/gluten free offering).

Feedstation 4 - Donuts (Raspberry, strawberry, custard and caramel fillings available) plus a dram of whisky if it helps you get up Stoodley Pike.

Feedstation 5 - Chip butties, coffee, tea and soup (suitable for vegan). Please note that chip butties only available for runners slower than about 5:30 pace. The wonderful Thai owner of the Cross Inn will also be providing us with fresh Tom Yum soup. In case you think Tom Yum soup is a weird offering......salty, hint of chilli, savoury and widespread feedback is that works really well on stomach at that stage.

PLEASE TAKE YOUR OWN MUG IF POSSIBLE AS ONLY SMALL SUPPLY OF CUPS FOR TEA/COFFEE/SOUP.





b) Race Cut Offs

The cut off times are shown on the official race map and they are:

Feedstation 1 - 10.15am (opens 8.15am)

Feedstation 2 - Midday (opens 9.30am)

Feedstation 3 - 1.15pm

Feedstation 4 - 1.45pm

Feedstation 5 - 3.15pm

Feedstation 6 - 4.15pm

The cut offs are very generous indeed and they are rarely a problem.

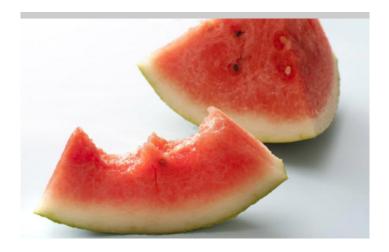
However, we must respect that volunteers will be out there a long time so they are essential. If you are advised that you have failed to meet cut off, we will make arrangements to get you back to finish. Don't forget that you have the option of starting race early to avoid issues.

There will be no leeway given even if seconds in it as if you are pushing cut offs at any point then likely to get worse and our volunteers are left out in cold weather for long periods.

Our event team will be under strict instructions to apply cut offs strictly and they have no leeway - if you have a problem, please speak to Race Director afterwards. The cut offs are very generous and with added bonus of early starts, they should not be an issue - they also allow us to complete the race entirely in daylight.

c) Food Disposal - Let's talk about melons !!!

This applies to bananas and oranges as well. Last year, after the race, I did a courtesy check in with a usually supportive farmer to be told that his field had lots of partly eaten melon disposed in it. Competitors had taken melon at feedstation 6 and after eating had thrown the leftovers over the wall - multiply this by many competitors and this leaves the farmer with his livestock eating melon skin which he definitely did not want. There will be a waste bin at every feed station - if you can't use that then please stash it until you can safely dispose of at next federation or at the end of race.



6. Race Route, Bad Weather Route, Maps, Navigation and Course Information

a) Race Route

The website at: https://kcac.co.uk/haworth-hobble/ shows a Strava FlyBy of the race route so you can do a last minute reccy from the armchair.

You can also view race route at:

- Strava Map of Race Route
- OS Map of Race Route

b) Bad Weather/Emergency Route Change

It's only happened once in Hobble's history but many of you will remember 2023 in the heavy snow but even then we got race on against the odds. The organisers reserve the right to cancel the race at no notice if dangerous weather conditions forecast. However, you have signed up for a gnarly race on remote moors on edge of winter having confirmed that you have the right skills and will bring the right kit for the conditions. The expectation is that conditions would have to be severe for cancellation and more likely it would be due to snow/ice on roads as our belief is a well prepared runner could get round course in almost all conditions (and the organising team have done it in horrendous conditions on many occasions).

In the unlikely event of a repeat of 2023, if we could still get race on with shortened route then this would be it below. Event start times would likely be moved back but this would be communicated via all of email, SMS text and Facebook. By its very nature, this would all happen at short notice close to the race.

Hobble Bad Weather Route

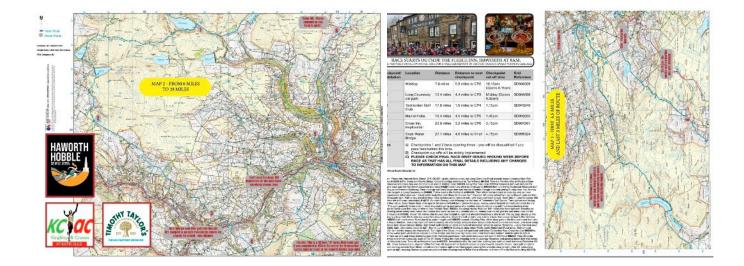
c) Maps

Race maps will be available at registration for £3 each. They are A3 waterproof and have full route using OS Map on front/rear and on the rear they also have distances, cut offs, feed station locations but also a full course description and key grid references.

Please note that:

- a) Race Map is completely redesigned for 2025 race and is now 1:25.000 scale instead of the old 1:50,000 scale. It is significant improvement. It is waterproof and foldable A3 size. We have plenty for everyone on race day at £3 each if required.
- b) The older 1:50:000 version of race map is perfectly acceptable and passes kit check.
- c) The OS Explorer OS21 South Pennines Map is perfectly acceptable it must have waterproof cover available.

New 1:25:000 race map in photos below - it's foldable A3 size, waterproof and £3 at registration.



d) Course Information

- a) There are no route changes from official race map or reccy runs.
- b) For those who have not done the course before, there are a few short road sections and a lot of stony track. The only road section that is marshalled is the first 1.3 miles until you enter the countryside. There are areas where a fell shoe would be helpful especially if recent heavy rain but overall the consensus amongst all of us who have run it many times is that a trail shoe with decent grip is the best option.
- c) At about 2.5 miles in, you will cross Bronte bridge at the Waterfalls. If you are an early starter or in the top 150 from mass start then you will not have to queue. However after that there will be an inevitable queue at the gate after a short climb chill out and **DO NOT JUMP THE FENCE AS THIS WILL UPSET THE FARMER.**

There will be Safety Team marshalls there who will be helping with the gate - we reckon that we can increase speed through gate by about 30% - a group of us practised this to test our theory!! The farmer has given us permission to remove gate but it is pointless as apart from fact it is rotting and may not fix back, in the subsequent 400 metres you go through a narrow stone opening and another gate that we cannot change. If we prevent the queue at the first gate, we simply create a queue at the next obstacles so you won't get there any quicker - just accept that if you are in 500th place that you may lose a few minutes queuing.

- d) If it is really cold then some parts of course especially in first 5 miles can be prone to black ice in right conditions (as we all found on recent reccy run). Yaxtrax may be an option but certainly not essential.
- e) At about 5 miles there is a metal gate and large stile about 50 metres before you reach Walshaw reservoir. The local gamekeeper has promised to have this gate unlocked for race day. If not, you will have to climb the stile which will create a queue for later runners. We will be communicating with him in days leading up to the race to remind him of the importance he is very supportive.
- f) With about 400 metres to go, when you pass Haworth church and reach the cobbled Main Street, there seem to be 4 separate routes people take. The official route is the quickest. Turn left at bottom of church steps on to cobbled street, take right hand fork going past Fish and Chip shop on right.

About 40 or so metres after there is an alley with shallow steps on right. Go down alley entering Doctor's Surgery car park, go 30 metres to road and the school is opposite. Race finish line is outside main door to school canteen,



e) Navigation and Race Rules

You should all be aware of FRA rules that do not allow any electronic navigational devices and in signing up, you acknowledged you had the skills to navigate. The route is not marked but what it does benefit from is a lot of people, some who may even know the way.

As long as not blanket fog, in most cases you can see people strung out ahead certainly for first half of the race. The FRA rules do not stop you having a phone or GPS watch with you for recording your time/distance. If you get lost and use a device then please see us at the end to declare it. You will not be disqualified if you declare it although a time penalty may be imposed.

This year everybody has trackers - the race safety team are excitedly waiting to watch navigation mistakes. If you end up in Burnley or Halifax, then everybody will be watching and we may even award you a Spot Prize for keeping us amused.

The race course follows a designated route as per maps which means no variations - if you are in a prize category and we identify via trackers that you have gained a time advantage due to going off course then we will review the data and apply an appropriate penalty which is entirely at our discretion (a principle will be adding back time saved and doubling it but each case on its merits).

The reality is that if you are to hit the feed stations then there are very few areas where you could find an advantage - we are not looking to penalise unless clearly justified so hopefully this will never arise as an issue. If you make innocent mistake with no time advantage then it will not be penalised.

7. On Course Safety, Medical Information and Race Withdrawals

a) On course safety team

- There will be a race safety team in key locations around course. They will be identified with orange hi-viz. Say 'hello' to them they are all highly experienced ultra runners.
- They are no substitute for mountain/fell rescue or proper medical help if a serious incident. If so, call 999, ask for police and then mountain rescue however, also please call emergency contact number on rear of your race number. We will direct safety team immediately as we may be able to stabilise situation whilst awaiting MRT as we have warm clothing, bothy bags and basic first aid.
- For less serious incidents, our safety team may be able to help keep you warm and walk you off. If you are aware of a struggling competitor then let us know as we will try to help them.
- By having an experienced field safety team, our ethos is that we will try to prevent any unnecessary mountain rescue/NHS ambulance call out as they have enough to deal with.

b) Withdrawals and Collection Mini-Buses

- If you have to withdraw at any point from registration onwards, it is absolutely essential that you contact a race official and get it confirmed that your withdrawal and name/race number are formally recorded by race control.
- We have a formal process in place as we cannot have a situation where somebody could be left on the course injured with nobody knowing (although trackers help).
- If you just decide to go home and we cannot contact you, our working assumption is that you are laying injured having got lost and we will implement an escalation process that could lead to police and Mountain Rescue being called. Please don't do this to us as diverts so much resource and it is not pleasant to deal with. We wasted 90 minutes and multiple resources on previous race as somebody gave up and just went home without telling us.
- If wanting to withdraw during race, please do everything you can to get to a feedstation and report to them as they will help.
- We have two collection mini-buses and car to reduce waiting time. You may have to wait especially if on far side of course as quite a long trip to Haworth and we may have to collect from other checkpoints on way. We will do everything we reasonably can to look after you and get you back to finish as quickly as we can.
- If returning to Race HQ, please ensure that you hand your tracker back in there. If being collected from feedstation and going straight home, once you have formally confirmed your withdrawal and that going home then please hand tracker to feedstation team.
- Any non-returned or lost trackers will incur a £120 plus VAT fee payable by you. If you forget to hand in, don't forget that we can all watch you returning home on your tracker.

c) Medical Information - On Course and Finish

- We engage an external Event Medical Services Provider with trained staff.
- There will be a double crewed ambulance on the course until about 1pm then it will be at the finish line until last competitor. We can deploy back on course if necessary.
- There will be a double crewed 4x4 medical response vehicle on course and popping up at feedstations. They will progressively move along course and be available to us. If required, speak to any race official.
- At every feedstation there is a first aid box with key items for cleaning/treating cuts and grazes. The team at most checkpoints will not be first aid qualified so we will help provide the equipment so you can treat yourself.
- The first aid boxes all contain female sanitary products as well just ask for First Aid box.
- There will be a defibrillator at the finish line.
- Our Safety Team and Medics are no substitute for Mountain Rescue/ NHS ambulance if serious incident - if this needs to be escalated to them then don't hesitate but always let us know as we may be able to get resource to you more quickly to provide initial help



8. Race Finish Including Food, Presentations and Tracker Collection

a) Finish Location And Procedure

- The race will finish at main entrance door to Haworth Primary School. Please do not fall down school steps whilst racing somebody for that all important position.
- Your race number will be scanned on finish line for your official time.

b) Trackers

- Please hand your tracker to the finish line officials.
- Don't forget that lost/unreturned trackers will incur you a £120 plus VAT charge.

c) Post Race Food and Drinks (inc vegan/vegetarian/gluten free)

- After the race, the school canteen will have tea, coffee, squash and ice cold drinks available.
- There will be freshly cooked hot pizza available which will be continuously supplied all afternoon by local takeaway. There will be a vegetarian pizza option as well.
- For vegan/gluten free runners only, we will be using Sainsbury's 'Free From' pasta along with Sacla Pesto sauces you can check packaging if you need but all is indicated as vegan/gluten free. Please identify yourself to canteen team and be aware they may have to cook to order so could be a minor delay.
- The drinks/food are all included within race fee. However, the simple fact is that if you are an FRA member then you have paid £21 for a race with trackers, well stocked feed stations, expensive event medical services etc. We pride ourselves on keeping our race entry fee low but if you eat loads of pizza then we could easily incur about £9 worth of costs for a very hungry competitor who eats lots of slices.
- We won't be policing this but if you are going to eat more than 2/3 large slices then please consider bringing some money and popping it in the donations box at the kitchens. We will be spending over £1500 on pizza so this really adds up for us and takes away from what we have left for charity/good causes if somebody scoffs a whole pizza.

d) Presentation Ceremony

All winners will get a Timothy Taylor's bag with some ales in. The winners of the overall male and overall female race will receive a voucher for a Meal for 2 at the Fleece Inn, Haworth including drinks valid for 12 months.

There will be engraved crystal trophies for the overall male and female winner.

There will be engraved glass trophies for:

- 2nd/3rd male/female overall.
- winners of male/female/mixed pairs.
- first V40/V50/V60/V70 for both male/female.

All trophies are to keep permanently.

Presentations will be in school canteen during afternoon. It is not the intention to keep winners waiting for hours and the intention is to do multiple prize giving within 75 minutes at most of prize winners finishing. If you have to go let us know and we will try to bring forward.

All trophy winners must be in mass start with exception of V70 Men/Ladies.



NB. The above trophy was given to the original race organiser when he retired however it sometimes makes an appearance if he is able to lend it to us for the day. The winners receive a crystal trophy now.

9. T-Shirts (Pre-Paid and Race Day Sales)

- T-Shirts will be available to collect/buy before the race in the Main School hall (Registration). They will be in the school canteen after the race.
- Pre-Purchased T-Shirts The T-shirt team will check off your details against your race number which you must present. If your T-shirt is unclaimed within 10 minutes of the last competitor finishing, then as per race terms and conditions, it will be sold off and we will not post them out. 100% of the sale of unclaimed T-shirts will be going to charity/good causes.
- The only exception to the above is the people who have ordered race hoodies as they are a lot more expensive. If you are unable to attend, then please email us at kcacraces@gmail.com within 72 hours after event and title email 'Race Hoodie Uncollected'. We will be happy to post out if required subject to a postage fee.
- Sales on Day We have previously not ordered any extra t-shirts for race day sales to avoid waste. As our T-shirts have become very popular due to quality and price, for 2025, we have ordered a small amount extra to sell on race day. These will be £10 for short sleeved, £15 for long sleeved and £35 for hoodies. Cash or Paypal to kcacraces@gmail.com will be accepted forms of payment. This must be sorted with the T-shirt team who will know availability and not sent via PayPal in advance.

Hobble 2025 Hoodies - Front & Back



Hobble 2025 Long Sleeved T-Shirt - Front & Back



Hobble 2025 - Short Sleeved T-Shirt

Front only, black front and arms with side area offset in grey (they look great and better than photo shows)



10. Recycling, Rubbish Disposal and Preloved Kit



We don't have to tell you it is a disqualification offence if anybody is seen littering deliberately. However, gel wrappers and other items get dropped without realising. If you see dropped waste items, please could you consider picking up and disposing of at next feed station.

Behind the scenes over recent years, we have actively tried to separate and recycle every piece of plastic, soft drink cans, cardboard and recyclable cups. You would be amazed at how much we collect and dispose of in proper recycling facilities.

Please help us by using the new bins sponsored by Timothy Taylor's that will be at Race HQ and at every feedstation. Please try to keep the recycling clean and we will do the rest.

If we know you are a local resident, don't be surprised if we ask you to take a full bag home to dispose of in your mixed household recycling - this spreads the load easily rather than the organisers ending up with car loads of recycling at their houses from 700 competitors as we cannot leave it at the school.





The Run Reuse Recycle Project

The project will be at the Haworth Hobble this year. The aim of the project is to reduce the environmental impact of running by sorting, washing and mending running kit to then resell it. The project sells running kit for just 1p... yes, that's right 1p per item – running shouldn't cost the earth!

There will be a stall set up at the school where you can browse and 'purchase' any of the kit available, you can also drop kit donations off too if you've got excess running kit that can go to a new home (please note: we can't accept race t-shirts or personalised clothing).

If you'd like to know more, follow us on IG @run.reuse.recycle

11. Keeping The School Clean and Safety Pins

After the Yorkshireman in 2021, we found 47 safety pins discarded on floor in playground. We searched carefully but school staff found more the following week. Clearly, nobody did this intentionally but please remember this is a Primary School.

This year we use even more of the school facilities with introduction of School Hall hence greater area to lose them in.

Please take extra care to take all your safety pins away and if you see any on the ground, please help us and pick them up. The school are fantastic to this race so let's look after the kids.

In addition, the volunteer organisers have to clean up every area of the school - please do everything you can to keep it clean and clear up any mess you see.

12. Race Photos and Race Videos

- a) Race Photos As ever, Dave and Eileen Woodhead will be around taking photos and these will all be posted on the race Facebook site and links will be forwarded to everyone in a post race wrap up email. These are free and always excellent.
- b) Race Video Again, we have a young man who has now completed his film making Masters Degree at Bradford University doing a short video for us to remind us of the day. This will be posted on the Facebook site and a link sent via email to competitors. He may approach you for a few words for the video don't be shy!
- c) If anybody has family and friends taking photos on the course, please put them on the race Facebook site for others to view.

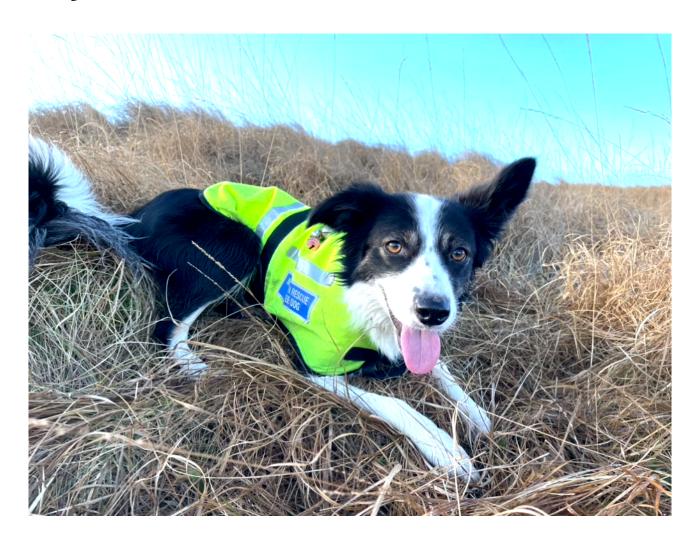
13. Mountain Rescue Competitors

At the time of writing, we have 9 mountain rescue competitors entered after deferrals. They are from Calder Valley Search & Rescue Team, Cave Rescue Organisation, Edale MRT, Derby MRT, Penrith MRT, Holme Valley MRT and Kirkby Stephen MRT.

We provide free places as a 'thank you' for those who volunteer so much time and any of us could one day need them. Could any of us even consider running and racing on the fells in the manner that we do if it wasn't for knowledge these volunteers were there in case of an unexpected emergency?

As organisers, we couldn't risk putting a race on when over 22,000 cumulative miles will be run on race day without the knowledge that they are there 24/7.

Dependent on availability/call outs, we may even get a visit from our local team at Race HQ or out on the course as a few have indicated they would like to pop along. Please say hello to them and in particular we are hoping Holly will be along who is the highly trained Search Dog from the local team. Holly and her handler Al have sadly just been involved in the tragic incident involving the missing runner in the North East.



14. Post Race Drinks and Supporting The Local Economy (UK City of Culture)

a) Visiting Haworth

- a) Haworth is a fantastic tourist village with lots of wonderful shops, pubs and restaurants. Please arrange to meet up with fellow competitors and club mates for a pint afterwards as that would be great for local economy.
- b) It's also a great area for your family and friends to join you. If possible, try to clear the finish area reasonably quickly as we will be very busy enjoy your pizza then continue with the stories on the cobbled Main Street so we can squeeze in more runners.
- c) Don't forget that Bradford is now UK City of Culture and Haworth is fundamental part of this with the links to the Brontes and the Bronte Parsonage Museum.

b) Fleece Inn Post Race Drinks

- a) We have a superb relationship with Fleece Inn, Haworth. The pub/hotel is full for race weekend with all rooms taken by Hobblers. It's the main gathering place after the race for that important post race pint. Our sponsors are Timothy Taylor's and we absolutely recommend the Fleece Inn to everybody.
- b) After the Jasmin Paris presentation, many of the race event team will return to the Fleece Inn for an evening's debrief assuming that we haven't lost any competitors. We should all be there from about 7.45pm onwards. We may well be enjoying rather too much Timothy Taylor's but if we are still talking sense, come and join us for a drink. The Race Organising/Management Team will certainly be around this bar all evening Simon, Peter and Gary in photo below have overall responsibility for all aspects of the race.



15. Hobble Facts & Figures

- A few facts and figures for those of you who have not seen them on the race Facebook page.
- This will be the 44th running of the Haworth Hobble and the biggest entry since 1993. Given we sold out on Day 1, it could have been the biggest ever but we don't feel comfortable with allowing higher numbers as it would not be as good an experience for competitors.
- We accepted 1034 entries in the end and after deferrals 929 are left entered for race day. We hope that at least 25% of you don't show up as that gives us around just under 700 on race day.
- 65.4% of competitors (as of 15/2/25) are male, 34.5% female and 0.1% non-binary.
- Our female participation rate did not break 20% until 2011 although it then dropped back again. It hit 30% in 2023 and 2024 for the first time and it is now increasing further. This is something that will keep working on as we would love to target 40% in coming years.
- 47% of the UK's 124 postcode districts are represented.
- In terms of ages, the splits are:
 - a) Under 20 0.1%
 - b) 20-29 years 6%
 - c) 30-39 years 20.2%
 - d) 40-49 years 35.1%
 - e) 50-59 years 28.1%
 - f) 60-69 years 9.5%
 - g) Over 70 years 1%

The youngest competitor is 18 years old and the oldest is 75 years old. We also have one who is competing in his 43rd consecutive Haworth Hobble having only missed the first one.

- In terms of running clubs, those with the biggest representation are:
 - a) Todmorden Harriers 34 entrants
 - b) Calder Valley Fell Runners 28 entrants
 - c) Billinge RC 26 entrants
 - d) Trawden AC 25 entrants
 - e) Skelmersdale Boundary Harriers 20 entrants
 - f) Lonsdale Fell Runners 19 entrants
 - g) Saddleworth RC 18 entrants

16. Queries & Feedback

a) Pre-Event Queries

If you are 100% sure it isn't mentioned above and it is not on the race website at https://kcac.co.uk/haworth-hobble/ then please consider whether it really is essential to ask. The event is so large and we also work full time that we can't deal with all the queries especially just before the race. Certainly if comes in from 4th March onwards, it may not even get read until after.

Emails only: kcacraces@gmail.com with clear email title (and not Messenger/WhatsApp/Text/Facebook as simply can't manage all these)

b) Post Event Feedback

Yes, we are volunteers so please set your expectations lower than if you were paying £70 for an equivalent commercial race however:

- If we get something wrong or something we could improve in future, we would love to know so we can try to address.
- If we get something right or particular volunteers are outstanding then let us know as there is nothing better than sharing this with the whole event team.

All emails to kcacraces@gmail.com.